

## 40 Day Habit Challenge

Week 1. Starts Monday \_\_/\_\_. Weekly score: \_\_\_ / 35

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1. Bible							
2. Prayer							
3. Exercise							
4. Reading							
5. Choose your own							

Week 2. Starts Monday \_\_/\_\_. Weekly score: \_\_\_ / 35

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1. Bible							
2. Prayer							
3. Exercise							
4. Reading							
5. Choose your own							

Week 3. Starts Monday \_\_/\_\_. Weekly score: \_\_\_ / 35

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1. Bible							
2. Prayer							
3. Exercise							
4. Reading							
5. Choose your own							

Week 4. Starts Monday \_\_/\_\_. Weekly score: \_\_\_ / 35

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1. Bible							
2. Prayer							
3. Exercise							
4. Reading							
5. Choose your own							

Week 5. Starts Monday \_\_/\_\_. Weekly score: \_\_\_ / 35

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1. Bible							
2. Prayer							
3. Exercise							
4. Reading							
5. Choose your own							

Week 6. Starts Monday \_\_/\_\_. Weekly score: \_\_\_ / 25

	Monday	Tuesday	Wednesday	Thursday	Friday
1. Bible					
2. Prayer					
3. Exercise					
4. Reading					
5. Choose your own					