

Do you need a Bible?

Do you need a new Bible to read with your children at home? Please let us know and we can arrange home delivery or you can pick up from a safe place!

To our Kids Church parents,

We hope you're having an encouraging time doing Kids Church together at home. =)

On Sunday 8th August, all our Kids Church and Kids Plus leaders will be meeting on Zoom. Please let me know if you have any encouragements that I can pass on to them.

I'm also hoping to put together a highlights video to share with our wider church family over the next couple of weeks. **Please take some photos from Kids Church this Sunday and email to me.** I'm sure everyone will be very encouraged to see families working through the Kids Church material.

Please send any photos and/or video to kidschurch@snac.org.au

Timing for the morning

Here is the suggested timing for the morning. Don't worry if things take shorter or longer, it's just a guide. You'll need to adapt the program depending on the age of your children.

Time (approx.)	Activity
3 mins	Welcome + prayer
7 mins	Opening activity
3 mins	Song
4 mins	Watch teaching video
8 mins	Family chat
3 mins	Prayer
12 mins	Craft
Total time: 40 minutes	

In Christ,

Kevin and the Kids Church team

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1. Welcome + prayer

- This is a good opportunity to remind one another that what you are doing is important. An adult or child should open your time together by praying.

2. Opening activity

- Round #1:
 - Each person should run on the spot for 10 seconds.
 - You may like to run together or take turns.
- Round #2:
 - Each person should put on some extra clothing. The more clothes you add and the crazier the clothes are, the more fun it will be for everyone. =)
 - Now, each person should try running on the spot for 10 seconds.
 - Share briefly: Does wearing extra clothes make it easier or harder to run?
- Round #3
 - Each person should keep their extra clothing but now start carrying a shopping bag or school bag that contains some heavy items (e.g. cans of food, bag of flour etc.) You should vary the weight that each person carries depending on their size/age/strength.
 - Now, each person should try running on the spot for 10 seconds.
 - Share briefly: Does the extra weight make it easier or harder to run?
- Round #4
 - Each person should take off the extra clothing and put down the extra weight.
 - Now, each person should try running on the spot for 10 seconds.
 - Share briefly: Does getting rid of those extra things make it easier or harder to run?

3. Song

- The song this week is 'Super Saviour' by Colin Buchanan. Please check out www.snac.org.au/kidsathome to remind yourself of the actions. You'll also find the lyrics and some links to play the song online.

4. Watch the teaching video

- Watch the teaching video together. You can watch or download it at www.snac.org.au/kidsathome

5. Family chat

Here are some suggested questions to chat about. You may need to adapt them depending on the ages of your children. You could also talk about some of the questions while you do craft. We've also included some suggested answers in brackets. These are not meant to be the 'correct answer' but hopefully a guide to help you in your preparation.

Read Hebrews 12:1-2

- **What should we "throw off" in our Christian life?**
 - [Everything that stands in our way.]
 - [Any sin that holds on to us so tightly!]

Read Ephesians 2:4-8

- **How can we be saved?**
 - [The key thing is to note we are saved by faith. It's not about how much we live God's way, but by trusting in Jesus.]

